

# Personal Best Performances for a Meet

Queenborough Little Athletics Centre - Season 2011/12

Meet Date - 05 Nov 2011

| <i>Athlete</i>       | <i>Event</i> | <i>Old PB</i> | <i>New PB</i> |
|----------------------|--------------|---------------|---------------|
| <b>Under 6 Boys</b>  |              |               |               |
| Archie Peart         | 100 Metres   | 24.9          | 23.9          |
| Archie Peart         | 150 Metres   | 40.7          | 37.4          |
| Archie Yarrow        | 100 Metres   | 29.0          | 26.6          |
| Archie Yarrow        | 150 Metres   | 50.1          | 46.5          |
| Archie Yarrow        | Long Jump    | 1.48          | 1.68          |
| Arjen Vervaart       | 150 Metres   | 38.9          | 36.7          |
| Arjen Vervaart       | 100 Metres   | 24.1          | 23.9          |
| Louis Watson         | 150 Metres   | 42.5          | 38.7          |
| Louis Watson         | 100 Metres   | 25.3          | 25.2          |
| Sam Essex            | Long Jump    | 1.92          | 1.98          |
| Sam Essex            | 100 Metres   | 22.8          | 21.4          |
| Sam Essex            | 150 Metres   | 35.9          | 33.5          |
| <b>Under 7 Boys</b>  |              |               |               |
| Archie Stewart       | 150 Metres   | 33.5          | 32.9          |
| Archie Stewart       | Discus       | 7.06          | 7.09          |
| Hal Dermoudy         | Discus       | 6.76          | 7.10          |
| Hal Dermoudy         | 150 Metres   | 42.2          | 37.4          |
| Hal Dermoudy         | 100 Metres   | 24.6          | 24.5          |
| Jacob Hardie         | Discus       | 6.05          | 8.07          |
| <b>Under 8 Boys</b>  |              |               |               |
| Connor Vervaart      | Shot Put     | 3.61          | 3.88          |
| Connor Vervaart      | 400 Metres   | 1:47.6        | 1:43.0        |
| Connor Vervaart      | 100 Metres   | 20.9          | 20.5          |
| Henry Lang           | 400 Metres   | 1:41.6        | 1:33.9        |
| Henry Lang           | Triple Jump  | 5.13          | 5.44          |
| Lachlan Semmler      | 100 Metres   | 19.1          | 18.3          |
| Lachlan Semmler      | 400 Metres   | 1:33.6        | 1:28.7        |
| Lachlan Semmler      | Shot Put     | 3.96          | 4.33          |
| Lachlan Semmler      | Triple Jump  | 3.75          | 4.75          |
| Michael Carmona      | 100 Metres   | 20.9          | 20.7          |
| Michael Carmona      | 400 Metres   | 1:56.2        | 1:34.7        |
| <b>Under 9 Boys</b>  |              |               |               |
| James Hodgman        | Discus       | 6.16          | 7.84          |
| James Hodgman        | 400 Metres   | 1:24.3        | 1:22.1        |
| James Hodgman        | 100 Metres   | 18.0          | 17.9          |
| Liam Canny           | 100 Metres   | 20.1          | 19.6          |
| Liam Canny           | 400 Metres   | 1:32.0        | 1:25.1        |
| Liam Canny           | Discus       | 5.80          | 6.76          |
| Mitchell Hardie      | Discus       | 10.25         | 11.27         |
| Oliver Butterworth   | Discus       | 7.38          | 8.80          |
| Will Grierson        | 100 Metres   | 17.9          | 17.7          |
| Will Grierson        | High Jump    | 0.82          | 0.90          |
| Zac Phair            | Discus       | 9.63          | 12.22         |
| Zac Phair            | 400 Metres   | 1:33.1        | 1:27.6        |
| Zac Phair            | 100 Metres   | 18.6          | 18.4          |
| <b>Under 10 Boys</b> |              |               |               |
| Alexander Kuzis      | 400 Metres   | 1:50.5        | 1:43.5        |
| Alexander Kuzis      | Shot Put     | 3.69          | 4.18          |
| Ashby Bingham        | Shot Put     | 4.76          | 5.21          |
| Ashby Bingham        | 400 Metres   | 1:40.1        | 1:32.5        |
| Axel Moore           | 100 Metres   | 17.7          | 17.3          |

# Personal Best Performances for a Meet

Queenborough Little Athletics Centre - Season 2011/12

Meet Date - 05 Nov 2011

---

| <i>Athlete</i>  | <i>Event</i> | <i>Old PB</i> | <i>New PB</i> |
|-----------------|--------------|---------------|---------------|
| Callum Jameson  | 100 Metres   | 18.7          | 18.3          |
| Christopher Law | Shot Put     | 6.07          | 6.19          |
| Christopher Law | 100 Metres   | 17.1          | 16.7          |
| Ewan Sloan      | 100 Metres   | 16.7          | 16.4          |
| Jasper Rigg     | Shot Put     | 5.41          | 6.03          |
| Nicholas Gibson | 100 Metres   | 17.4          | 16.9          |
| Nicholas Gibson | Triple Jump  | 6.96          | 7.00          |
| Nicholas Gibson | 400 Metres   | 1:22.3        | 1:14.5        |
| Taine Sookee    | 100 Metres   | 16.5          | 15.8          |
| Taine Sookee    | Shot Put     | 5.70          | 6.01          |
| Tallow Peart    | 100 Metres   | 20.4          | 20.1          |

## Under 11 Boys

|                 |            |        |        |
|-----------------|------------|--------|--------|
| Henry Ralph     | 100 Metres | 17.5   | 17.4   |
| Henry Ralph     | 400 Metres | 1:30.8 | 1:25.5 |
| James Anderson  | 100 Metres | 17.6   | 16.8   |
| Oscar Chau      | Long Jump  | 4.07   | 4.30   |
| Oscar Chau      | Javelin    | 9.99   | 10.15  |
| Oscar Ince      | 100 Metres | 15.8   | 15.6   |
| Oscar Ince      | 400 Metres | 1:26.6 | 1:23.1 |
| Oscar Ince      | Long Jump  | 3.80   | 3.81   |
| Torin Jones     | 400 Metres | 1:12.5 | 1:07.6 |
| Torin Jones     | Javelin    | 7.35   | 9.94   |
| Torin Jones     | Long Jump  | 3.52   | 3.81   |
| William Hodgman | Long Jump  | 3.38   | 3.47   |
| William Hodgman | 400 Metres | 1:16.4 | 1:15.1 |

## Under 12 Boys

|                |            |      |      |
|----------------|------------|------|------|
| Darrian Cooper | 100 Metres | 18.9 | 17.2 |
| Darrian Cooper | Long Jump  | 2.82 | 3.08 |

## Under 6 Girls

|                  |            |      |      |
|------------------|------------|------|------|
| Josephine Cooney | 150 Metres | 42.0 | 41.0 |
| Lily Hodgman     | 100 Metres | 24.6 | 24.2 |

## Under 7 Girls

|                           |            |      |      |
|---------------------------|------------|------|------|
| Alexis Hilder             | Long Jump  | 1.91 | 1.93 |
| Chloe Sloan               | Discus     | 3.33 | 5.18 |
| Chloe Sloan               | 150 Metres | 36.6 | 35.4 |
| Chloe Sloan               | 100 Metres | 22.8 | 22.7 |
| Chloe Sloan               | Long Jump  | 1.90 | 2.00 |
| Ella Stagg                | 100 Metres | 27.0 | 25.6 |
| Ella Stagg                | Discus     | 2.68 | 4.52 |
| Ella Stagg                | 150 Metres | 45.5 | 42.0 |
| Felicity Wilson-Haffenden | 100 Metres | 21.0 | 20.6 |
| Felicity Wilson-Haffenden | 150 Metres | 33.4 | 31.6 |

## Under 8 Girls

|                  |             |        |        |
|------------------|-------------|--------|--------|
| Chloe Essex      | Triple Jump | 5.15   | 5.75   |
| Chloe Essex      | 100 Metres  | 20.6   | 19.1   |
| Maya Manaena     | Shot Put    | 2.91   | 3.24   |
| Scarlett McGuire | 400 Metres  | 2:24.1 | 2:23.6 |
| Tussy Thomas     | 100 Metres  | 21.1   | 20.9   |

## Under 9 Girls

|                    |            |      |      |
|--------------------|------------|------|------|
| Abby Burrows-Cheng | Discus     | 5.90 | 6.33 |
| Billie Roger       | 100 Metres | 20.6 | 20.1 |

# Personal Best Performances for a Meet

Queenborough Little Athletics Centre - Season 2011/12

Meet Date - 05 Nov 2011

| <i>Athlete</i>         | <i>Event</i> | <i>Old PB</i> | <i>New PB</i> |
|------------------------|--------------|---------------|---------------|
| Billie Roger           | Discus       | 5.08          | 6.43          |
| Billie Roger           | High Jump    | 0.77          | 0.80          |
| Charlotte Ralph        | 400 Metres   | 2:02.1        | 1:54.7        |
| Charlotte Ralph        | High Jump    | 0.82          | 0.85          |
| Eleanor Cooney         | 400 Metres   | 1:48.1        | 1:47.7        |
| Hannah Steele          | 100 Metres   | 20.3          | 20.2          |
| Hannah Steele          | High Jump    | 0.72          | 0.75          |
| Hannah Steele          | 400 Metres   | 1:53.5        | 1:47.6        |
| Nikita Manaena         | High Jump    | 0.72          | 0.80          |
| Nikita Manaena         | Discus       | 4.98          | 8.00          |
| Rebecca Flinn          | High Jump    | 0.82          | 0.85          |
| Rebecca Flinn          | 400 Metres   | 1:41.7        | 1:38.0        |
| Rebecca Flinn          | Discus       | 9.57          | 12.46         |
| Sarah Wilson-Haffenden | 100 Metres   | 19.9          | 19.6          |
| Sarah Wilson-Haffenden | 400 Metres   | 1:48.7        | 1:38.4        |
| Sarah Wilson-Haffenden | High Jump    | 0.67          | 0.80          |
| Sarah Wilson-Haffenden | Discus       | 4.04          | 5.20          |
| Sophie Rule            | 400 Metres   | 1:36.4        | 1:32.5        |
| Sophie Rule            | 100 Metres   | 18.5          | 18.4          |
| Wena Jones             | Discus       | 5.35          | 6.10          |
| Wena Jones             | High Jump    | 0.87          | 0.90          |
| Wena Jones             | 100 Metres   | 18.7          | 18.0          |

## Under 10 Girls

|                   |             |        |        |
|-------------------|-------------|--------|--------|
| Charlotte Ingram  | Triple Jump | 6.34   | 6.55   |
| Charlotte Ingram  | Shot Put    | 3.35   | 4.07   |
| Charlotte Ingram  | 100 Metres  | 19.3   | 19.2   |
| Charlotte Ingram  | 400 Metres  | 1:31.3 | 1:28.5 |
| Ellia Kelleher    | 100 Metres  | 21.4   | 21.0   |
| Georgia McCulloch | Triple Jump | 4.79   | 5.46   |
| Georgia McCulloch | 400 Metres  | 1:38.4 | 1:33.5 |
| Georgia McCulloch | 100 Metres  | 18.7   | 18.1   |
| Hannah Gibson     | Triple Jump | 4.66   | 4.85   |
| Hannah Gibson     | 400 Metres  | 2:03.9 | 1:55.8 |
| Harriet Roger     | 400 Metres  | 1:52.4 | 1:43.4 |
| Harriet Roger     | Shot Put    | 3.41   | 3.42   |
| Ila Barnbaum      | 100 Metres  | 21.2   | 20.9   |
| Ila Barnbaum      | 400 Metres  | 1:47.5 | 1:44.7 |
| Kathryn Boon      | 100 Metres  | 20.8   | 20.0   |
| Kathryn Boon      | 400 Metres  | 1:49.2 | 1:42.9 |
| Laura Phair       | Triple Jump | 6.55   | 6.98   |
| Laura Phair       | Shot Put    | 4.21   | 4.27   |
| Laura Phair       | 400 Metres  | 1:26.9 | 1:26.0 |
| Laura Phair       | 100 Metres  | 18.1   | 17.7   |
| Stephanie Connell | 100 Metres  | 18.5   | 18.3   |

## Under 11 Girls

|                |            |        |        |
|----------------|------------|--------|--------|
| Ashley Watson  | Long Jump  | 2.74   | 2.82   |
| Georgia Sayers | Long Jump  | 2.14   | 2.18   |
| Josie Burbury  | Long Jump  | 2.57   | 2.89   |
| Josie Burbury  | 100 Metres | 19.8   | 19.1   |
| Josie Burbury  | Javelin    | 7.28   | 8.21   |
| Josie Burbury  | 400 Metres | 1:41.0 | 1:35.2 |
| Lucy Taranto   | 100 Metres | 17.8   | 17.6   |
| Lucy Taranto   | 400 Metres | 1:26.4 | 1:23.0 |
| Lucy Taranto   | Javelin    | 7.08   | 7.79   |
| Lucy Taranto   | Long Jump  | 2.69   | 3.31   |

# Personal Best Performances for a Meet

Queenborough Little Athletics Centre - Season 2011/12

Meet Date - 05 Nov 2011

---

| <i>Athlete</i>        | <i>Event</i> | <i>Old PB</i> | <i>New PB</i> |
|-----------------------|--------------|---------------|---------------|
| Miriam Boulton        | 100 Metres   | 19.3          | 19.1          |
| Miriam Boulton        | 400 Metres   | 1:43.0        | 1:36.9        |
| Miriam Boulton        | Long Jump    | 2.54          | 2.90          |
| Penelope Boman        | 100 Metres   | 19.9          | 19.7          |
| Penelope Boman        | Javelin      | 6.25          | 6.30          |
| Sophie Young          | Long Jump    | 3.09          | 3.14          |
| Sophie Young          | 400 Metres   | 1:24.6        | 1:22.1        |
| <b>Under 12 Girls</b> |              |               |               |
| Emma McCulloch        | 400 Metres   | 1:27.1        | 1:20.9        |
| Emma McCulloch        | 1500m Walk   | 14:44.9       | 10:44.1       |
| Emma McCulloch        | Javelin      | 5.82          | 6.51          |
| Emma McCulloch        | 100 Metres   | 17.1          | 16.4          |
| Sancia Bingham        | 100 Metres   | 18.8          | 18.4          |
| Sophie Moore          | 100 Metres   | 18.1          | 17.8          |
| <b>Under 14 Girls</b> |              |               |               |
| Olivia Young          | Long Jump    | 3.64          | 3.72          |
| Olivia Young          | 400 Metres   | 1:21.5        | 1:17.9        |

---

**Count of PBs For Meet:**

**160**

**Count of Athletes with PB at Meet:**

**75**